

LAMCare24

SUPPORTED LIVING CARE

By supported living we mean schemes that provide personal care to people as part of the support that they need to live in their own homes. The personal care is provided under separate contractual arrangements to those for the person's housing. The accommodation is often shared, but can be single household.

Supported living services

Supported living services can help if you do not want to live in residential care but you're finding it difficult to cope at home.

They're a combination of suitable accommodation – which can be your own home – with some forms of personal care (like help with washing or cooking).

Some supported living homes are shared by 2 or 3 people with a similar health problem, such as a substance misuse problem or a particular disability.

Staffs usually visits the home to help you get out of bed, go out to college or work, and do simple tasks such as shopping, housework and repairs.

They can also help with administrative tasks and personal care.



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Why choose supported living services?

Supported living services are flexible and sometimes better value for money than the alternatives, whether you fund your own care or receive a personal budget.

They are not regulated by the **Care Quality Commission**.

But any personal care you receive – such as help with washing or preparing food, or help eating meals – is regulated.

Such care must not be delivered by the housing owner or operator, but by a registered homecare agency or provider.

