



HOME CARE

Home care includes any professional support services that allow a person to live safely in their home. In-home care services can help someone who is ageing and needs assistance to live independently; is managing chronic health issues; is recovering from a medical setback; or has special needs or a disability.

Help at home from a paid carer

Having a paid carer come to visit you in your home can make a huge difference to your life, especially if you have difficulty walking or getting around. It can help you stay living independently in your own home.

This type of care is known as home care or domiciliary care or sometimes home help.

Help at home from a paid carer costs around £20 an hour, but it varies according to where you live. Sometimes, the council will contribute to the cost.

Homecare is very flexible. You might need a paid carer for only an hour a week or several hours a day. You might need a live-in carer.

It can be temporary – for example for a few weeks while you recover from an illness. Or it can be long term.

HOME CARE Vs RESIDENTIAL CARE

Unlike *residential care*, home care services allow your loved one to stay living in their own home whilst getting the help and support they need, whether they're just looking for company or need someone to keep the house clean and prepare meals.

Home care is a great solution for someone who needs extra help in and around the house, as it allows them to remain independent and live happily within familiar

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surroundings. It's also a great relief for family members who might not be able to provide support every time it's needed or live far away and need peace of mind that their loved one is safe and well.

At LAM Care 24, we personalise our range of home care services to suit your individual needs, from a few hours a week to 24-hour live-in care. We also match our CAREGivers to the person they will be visiting to ensure they get along and can build a trusted relationship

